

Dear Friends and Esteemed Colleagues,

The spectrum of plastic surgery is diverse and enormous. It is not possible to have a first-hand experience of the entire spectrum of work during the plastic surgery training. The aim of **Plastic Surgery Education** is to address this void in the teaching and learning process through surgical videos.

The high quality surgical as well as planning and decision-making videos on this site are structured, crisp and focussed. The field is clear, and anatomy very well appreciated. The concise videos have covered the nuances of the individual procedures without compromising critical details. The voice over gives the viewer the clarity to perform the procedures with confidence. Through these videos, the surgeons and trainees will gain practical insights into the surgical techniques to ensure precision and efficacy. Be it for preparation for exams, or clinical practise, these videos can be useful to achieve better outcomes.

The patient information and advocacy videos provide comprehensive information on various aspects of Plastic surgery to guide patients and individuals towards informed choices.

Please find along with an overview of the contents of the site. This is a site under constant refinement, and we continue to improve and expand our resources for Plastic surgeons, trainees, surgeons from allied specialities as well as for patient education. Content provided here is purely for educational purpose. Any risk remains solely with the user and how they interpret the information. We appreciate your patience, support, and encouragement in this initiative.

Welcome aboard to Plastic surgery Education.

Looking forward to sharing experiences and learning together.

Best regards,

Dr.Nikhil Panse
Professor of Plastic Surgery
Editor in Chief – Plastic Surgery Education

Key Features of Plastic Surgery Education:

Structured Learning

Focussed, crisp, structured & clinically relevant videos covering a wide spectrum of lower limb flaps. Most realistic video guide showing step by step procedures and post op outcomes.

Shorter Learning Curve

Surgeons and trainees who participate in video-based training achieve learning and skill milestones in shorter amounts of time.

Community & Networking

Discuss, Debate, Interact, Unlearn, Learn and improvise by networking in exclusive chat groups.

Minimise Complications & Improve Outcomes

Watch surgical videos before performing the procedure to minimise complication rates and improve outcomes.


Anywhere Anytime Access

Get a quick revision of the planning & operative videos before performing the procedure. Gain confidence through knowledge.

Affordable pricing

Minimal investment with maximum returns in improving your surgical outcomes.

Peruse through the preview videos for free and decide the worthiness of the content for yourself.



Plastic Surgery Education presents:

“Comprehensive Video Atlas of Lower Extremity flaps”

Free flap harvest	Thigh, Knee & Upper third leg defects	Middle third leg defects	Lower third leg defects
Free ALT flap	Reverse ALT Flap	Transposition flap	Distally based sural flap
Free RAFF	Propeller flap for knee defect	Soleus flap	Lateral calcaneal artery flap
	Gastrocnemus myocutaneous flap	Keystone flap	Medial plantar artery flap
	Gastrocnemus muscle flap	Proximally based sural flap	Propeller flap for ankle defect
		Cross leg flap	Tendoachilles lengthening by Z plasty

“Comprehensive Video Atlas of Flaps & Procedures for Head-Neck-Face region”

Free flap harvest	Scalp	Ear	Eyelid	Nose/Sidewall/Composite	Cheek/Buccal mucosa	Others
Free ALT flap	Transposition flap	TP fascia flap	Cutler beard flap	Forehead flap	PMMC flap	Macrostomia correction
Free RAFF	Trapezius myocutaneous flap	Antia & Buch flap	Mustarde flap	Facial artery perforator flap	Submental flap	Tongue to lip adhesion
		Otoplasty	Tenzel flap	Nasolabial artery flap	Platysma flap	Torticollis – Bipolar release
			Propeller flap	Large propeller flaps over face	Transverse forehead flap	
					Nasolabial flap for intraoral defect	

“Comprehensive Video Atlas of Planning & Case discussions in Plastic surgery”

Free flap planning	Flap planning for HNF	Flap planning for upper extremity	Flap planning for lower extremity	Flaps planning - General	Case discussions
ALT flap	DP flap	FDMA flap	Transposition flap	7 mistakes of flap planning	Large knee defect
Latissimus dorsi flap	PMMC flap	PIA flap	Sural flap	Flap planning and flap territories!	Proximal leg defect with exposed implant
RAFF: Planning & designing	Forehead flap for nasal reconstruction	RAFF	Propeller flap	Bilobed flap	Lower lid defect
			Reverse ALT flap	VY flap	Upper lip defect
			TFL flap	Burows triangle	Middle third leg defect
			Pedicled ALT flap		
			Fasciocutaneous flap – PTA axis		
			Fasciocutaneous flap – Peroneal axis		
			Fasciocutaneous flap – ATA axis		

“Comprehensive Video Atlas of Upper extremity Flaps & Procedures”

Free flap harvest	Flaps for arm, elbow & hand	Flaps for thumb defects	Flaps for finger defects	Distant pedicle flaps harvest	Tenosynovitis	Others
ALT flap	LD muscle flap	FDMA flap (Bilobed)	VY neurovascular island flap	Groin flap	Adult trigger finger	Syndactyly
RAFF	LD myocutaneous flap	Dorsocubital/Br unelli flap	Lateral VY flap	Abdomi nal flap	Pediatric trigger finger	Carpal tunnel release
	Brachioradialis flap	Dorsoradial forearm flap	Digital artery perforator flap		Dequervain's release	Dupuytren's contracture
	Anterior interosseus artery perforator flap	Radial thenar flap	Cross finger flap			Glomus tumour excision
	Ulnar artery-based propeller flap		Quaba flap			
	Reverse radial artery forearm flap		Ulnar digital artery perforator flap			
			Reverse homodigital artery island flap			

Lots of Open access Content:

Lecture Series

Comprehensive Atlas of tendon transfers

Comprehensive Atlas of burn reconstruction

Patient information and advocacy videos

Case discussions and more!

Over 150 videos, and more being added regularly.

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To see the preview videos, click <https://www.plasticsurgeryeducation.com/courses/Extremity---HNF---Planning--Discussions-663a02470d69b94c0c505739>

Welcome Aboard to Plastic Surgery Education!

For queries and feedback, mail us at academics@plasticsurgeryeducation.com